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Amazon Packing List

Travel Gear

- Sturdy luggage.** Your luggage will probably be transported by bus, boat, van... It could get jostled around a bit
- Day pack / backpack
- Camera and camera gear.** Extra batteries, memory cards, flash drive
- Waterproof bags for electronics**
- Waterproof camera
- Extra batteries.** Power bank to charge your phone, tablet, and other camera batteries
- Hand fan: A handheld fan can keep mosquitos away when the air is still
- Spanish phrase book
- A journal with pen/pencil

Travel Essentials

- Cash:** USD in small bills: 5's, 10's, and 20's
- Credit card(s)
- Passport** and a copy
- Travel / medical insurance**
- Quality sunblock and a wide-brim sunhat
- Medication.** Prescription and non prescription medication. Pain medication, motion sickness pills, and Pepto-Bismol
- Binoculars

- Extra eye glasses, sunglasses and contacts
- Band-aids and antibiotic cream
- Lip salve
- Bug spray / insect repellent with DEET, anti-itch cream
- Hand sanitizer
- Waterproof day pack to keep your things dry during excursions, refillable water-bottle
- Toiletries.** Toothpaste, toothbrush, sanitary napkins, comb... Also head-bands, hair elastics, and waterproof makeup

Travel Clothing

- Lightweight travel pants and quick-dry, long sleeve t-shirts
- Waterproof, worn-in hiking boots or shoes**
- Comfortable sandals or flipflops
- Swimsuit (2)**
- Light shell jacket** (windbreaker/waterproof) and sweater
- Cotton scarf / bandana to help protect your neck from the sun
- Comfortable socks
- Comfortable underwear

See the full post here: <http://latinrootstravel.com/amazon-packing-list>